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Widening Your Lens: How to See Your Life Differently
Book to be published 2018

COMPLETE LIST OF PUBLICATIONS
by Dr. Kenneth Silvestri
(as of June 22, 2018)

Links to selected articles are available on my web site under
Publications and Publications Archives:

A Wider Lens: How to See Your Life Differently, (A Wider Lens
Publication: Nyack, New York), 2018

“The Consequences of Being Positive,” Tuxedo Park Magazine,
June/July 2018, p. 23 (Ongoing Column, #11)

“The Difference Between Being a Partner or a Collaborator,”
Tuxedo Park Magazine, April/May 2018, p.14 (Ongoing Column, #10)

“A Systemic and Ecological Basis for Homeopathy,” Homeopathy
in Practice, Autumn/Winter 2017, p.21

“Love: The Word Is Not Necessarily What We Think It IS,” Tuxedo
Park Magazine, February/March 2018, p.14 (Ongoing Column)

(Ongoing Column)

“The Fate of My Maternal Side,” Editors Choice Award for the Allen
Ginsberg Poetry Contest, Paterson Literary Review, Vol.46, 2018

“Attention Deficit Disorder: It’s Not Just a kid Problem,”
Homeopathy Today, Autumn, 2017 pp. 18-23

Living Life in an Evolving Context and the Ecology of Self, in
Monika Jaworska-Witkowska and Bateson, Nora, Eds., AFTER GREGORY
BATESON: TOWARDS A NEW DISCOURSE AND APPLICATIONS,
Rocznik Naukowy Kujawsko-Pomorskiej Szkoły Wyższej w Bydgoszczy:
Poland, 2017

“Sundays as a Child,” Paterson Literary Review, Issue #45, Spring 2017

“Mindfulness: Having a Beginners Mind,” Tuxedo Park Magazine,
Spring 2017 (Ongoing Column #7)

through other patterns,” Journal of Systemic Therapies, June, 2017

“Self-Fulfillment through the Integration of Homeopathy,
Coherent Breathing and Qigong,” Homeopathy in Practice, the
Journal of the Alliance of Registered Homeopaths in the United Kingdom,
winter/spring. 2017

“Staying healthy by using your breath,” Tuxedo Park Magazine.
Winter, 2016-17 (Ongoing Column #6)

“What is Homeopathy,” Tuxedo Park Magazine, Fall, 2016 p. 45
(Ongoing Column #5)


“Embracing Conflict,” Tuxedo Park Magazine, Spring, 2016, p.37
(Ongoing Column #4)

“Tis the Season to Forgive,” Tuxedo Park Magazine,
Winter, 2015-16, pp.44-45 (Ongoing Column #3)

“Interview of Dr. Kenneth Silvestri,” by Katja Schutt,
Homeopathy For Everyone, October 2015

“ADD, Isn’t Just a Kid Problem– It’s Ours as Well,” Tuxedo Park
Magazine, Fall, 2015 (Ongoing Column #2)
"Determining Constitution and Temperament in Homeopathic Treatment Through the use of the Genogram," Homeopathy For Everyone, June, 2015

"The Stress Factor and the Organic Supermarket," Tuxedo Park Magazine, Summer, 2015 (Ongoing Column #1)


"Oh The Zen Like Great Falls," The Great Falls: An Anthology of Poems about Paterson, New Jersey, Edited by Maria Mazziotti Gillan, published by the Poetry Center at Passaic County College, 2014

"Looking for Appreciation and Peace: Jane’s Case and the use of an integrated process of Psychotherapy and Homeopathy," Homeopathy-4-Everyone Online Journal, July, 2013

"Understanding How Context Moves Us and an Over Dependency On Content Sucks as a Means to Being Mindful," SelfGrowth.Com Online Newsletter, June, 2013


"Integrating Psychotherapy and Homeopathy: A means to determining the needs of the vital force," Chapter in "Mental Health and Homeopathy," published by Homeolinks, Stuttsgart, Germany; edited by Harry van der Zee and Christopher Johannes, 2010

“Sally’s Story, Forgiving One’s Self,” Pennsylvania Psychological Association website, with Jed Rosen, Fred Luskin and Joanne Coyle, March 2010


“Learning Forgiveness,” Psychotherapy Networker, September 2009


"Forgiveness Therapy for Couples", International Hypnosis Research Institute, online newsletter, August 19, 2009 http://www.hypnosisresearchinstitute.org/index.cfm/2009/8/19/Forgiveness-Therapy-for-Couples

“Remedies for Forgiveness,” Homeopathy Today, February 2009


“Homeopathy, Aikido, and Systemic Psychotherapy,” American Family Therapy Newsletter, Spring 2000

“Homeopathy and Aikido,” Aikido Today Magazine, #76, 1998

“Family Therapy and Homeopathy” Family-School Collaboration Associates, Morristown, NJ 1997


“Collaboration and Reform”, Family Therapy News, December 1996, with C. Steinberger and E. Scambio

“Get Schools and Families Together,” Star Ledger, October 6, 1996, S. 10


“Analysis and Assessment Of The Newark Literacy Campaign’s Adult Tutorial Reading Program: A Report To The Ford Foundation,” with Gordon Darkenwald. Newark Literacy Campaign, Inc., Newark, NJ (Ford Foundation Grant #915-0298), also ERIC: ED 354366, 1992

“Families and Schools: Beyond the Bake Sale,” School Leader, January 1991


“Preliminary Evaluation Report,” (with Gordon Darkenwald), Newark Literacy Campaign, Newark, NJ, 1990

“Beyond The PTA,” Making A Difference, November 1989


“Need to Widen School Context,” The Family Therapy News, Spring 1988

“Reclaiming the Urban High School Through Collaborative Planning,” Educational Viewpoints, Spring 1989

“Preparing Parents to Make A Difference,” School Leader, March 1988


“Empowering Parents For School Improvement,” paper for the NJ Institute for Citizen Involvement in Education, Rutgers University Graduate School of Education, New Brunswick, NJ, 1988, with Norm Fruchter and Herb Green

“The Interfacing of Systems,” Continuing the Conversation, Summer 1988


At-Risk Youth: A Resource Packet, Andover, MA, The Regional Laboratory for Educational Improvement of the Northeast and Islands, 1987


“Family and School Cooperation,” paper presented at the Society of Educators and Scholars annual conference, Fairleigh Dickinson University, Teaneck, NJ, 1985

“Public Policy and Public Schools: A Training Program for Parents,” Urban Education, July, 1985, with Norm Fruchter and Herb Green
“Concerns About the Effective Schools Movement,” paper for the Essex County Office of Education, East Orange, NJ, 1985
“Humanizing School Improvement,” School Leader, October 1984

Public Policy and Public Schools: A Training Program, Trenton, NJ, Schoolwatch, Inc., 1983


“Theoretical Conflicts Between ‘School’ and Community Education: A Basis for Understanding Structural Change,” paper presented for the annual Community Education Conference, Boston, MA, 1979

Providing Technical Assistance for Community Based Educational Development, The Institute for Community Schools and Alternatives in Education, Newark, NJ, 1972